

## Declaring/Changing a Major, Minor, or Applied Minor

### Section A: Policies and Instructions

#### Declaring a Major:

1. Students are required to file a declaration of major at the Registrar's Office no later than the end of their fourth semester.
2. A late fee of \$25.00 will be charged if the petition is submitted after the deadline.
3. A declared major may be changed at any time up to the add/drop deadline of the student's final semester by submitting a new major declaration form.

#### Declaring a Minor:

1. Minors are optional programs, you are not required to have a minor to graduate.
2. The deadline for declaring a minor is the 5th day of classes of the spring semester of the senior year.
3. Students must declare their Major Field of concentration before declaring a minor.

#### Declaring an Applied Minor:

1. Applied minors are optional programs, they are not required for graduation.
2. The deadline for declaring an applied minor is the 5th day of classes of the spring semester of the senior.

Progress towards completion of a major, a minor, and an applied minor will be tracked in DegreeWorks.

Complete Section B below and the relevant program section. Next to each requirement, indicate which semester (e.g. Fall 2023) you have taken or will take that course.

Your form must be signed by the Department/Program and your academic advisor (must be in your field of study for your major).

### Section B: Student Information

Student Name \_\_\_\_\_ ID# \_\_\_\_\_

Email \_\_\_\_\_ Date \_\_\_\_\_

Planned Date of Graduation: May \_\_\_\_\_ December \_\_\_\_\_ Year: \_\_\_\_\_

Select one:

- \_\_\_\_\_ I wish to declare my primary Major
- \_\_\_\_\_ I wish to declare a Minor
- \_\_\_\_\_ I wish to declare a second Major
- \_\_\_\_\_ I wish to declare an Applied Minor
- \_\_\_\_\_ I wish to change my Major

# Contemplative Studies Applied Minor

Use this form to declare a minor in [Contemplative Studies Applied Minor](#).

## Minor/Applied Minor Declaration Form

Declared Major(s) \_\_\_\_\_

### Courses

To complete this applied minor, you must complete the following two AWPE courses, plus four additional courses, choosing at least one from each of the lists below.

| Course Code                       | Course Title          | Credit Hours | Semester |
|-----------------------------------|-----------------------|--------------|----------|
| <input type="checkbox"/> AWPE 262 | Intro to Mindfulness  | 0            |          |
| <input type="checkbox"/> AWPE 362 | Mindfulness Practices | 1            |          |

### Courses from visual and performing arts:

NOTE: Ideally, students will first complete the Intro to Mindfulness AWPE course before completing any of the courses listed below. Skills gained from the mindfulness course will be applied to your artistic activity via a guided journaling activity. If you have not taken the mindfulness class but would like to complete one of these courses for your applied minor, please contact the faculty members involved in the minor.

| Course Code                       | Course Title                         | Credit Hours | Semester |
|-----------------------------------|--------------------------------------|--------------|----------|
| <input type="checkbox"/> ART 200  | Ceramics I                           | 4            |          |
| <input type="checkbox"/> ART 205  | Drawing I                            | 4            |          |
| <input type="checkbox"/> ART 235  | Introduction to Photography          | 4            |          |
| <input type="checkbox"/> ART 210  | History of Craft                     | 4            |          |
| <input type="checkbox"/> ART 211  | 20th Century Art                     | 4            |          |
| <input type="checkbox"/> ART 300  | Ceramics II                          | 4            |          |
| <input type="checkbox"/> ART 305  | Drawing II                           | 4            |          |
| <input type="checkbox"/> ART 335  | Photography II: Color Photography    | 4            |          |
| <input type="checkbox"/> MUSG 121 | Hand Drum Ensemble                   | 0-1          |          |
| <input type="checkbox"/> MUSG 320 | Orchestra                            | 0-1          |          |
| <input type="checkbox"/> MUSG 230 | Alta Voce                            | 0-1          |          |
| <input type="checkbox"/> THEA 230 | Theatre Production Practicum: Acting | 1-3          |          |
| <input type="checkbox"/> THEA 260 | Foundations of Acting                | 4            |          |
| <input type="checkbox"/> THEA 261 | Movement for the Stage               | 3            |          |
| <input type="checkbox"/> THEA 360 | Acting Styles                        | 4            |          |
| <input type="checkbox"/> THEA 386 | Devised Theatre                      | 4            |          |

Courses in psychology:

| Course Code                       | Course Title                         | Credit Hours | Semester |
|-----------------------------------|--------------------------------------|--------------|----------|
| <input type="checkbox"/> PSYC 250 | Brain & Behavior                     | 4            |          |
| <input type="checkbox"/> PSYC 348 | The Neuroscience of Stress Reduction | 3            |          |
| <input type="checkbox"/> PSYC 353 | Behavioral Neuroscience              | 3            |          |
| <input type="checkbox"/> PSYC 362 | Cross-Cultural Psychology            | 3            |          |
| <input type="checkbox"/> PSYC 373 | Moral Education                      | 3            |          |
| <input type="checkbox"/> PSYC 376 | Health Psychology                    | 3            |          |
| <input type="checkbox"/> PSYC 377 | Psychology of Happiness              | 3            |          |

Courses in religion:

| Course Code                      | Course Title                                      | Credit Hours | Semester |
|----------------------------------|---|--------------|----------|
| <input type="checkbox"/> REL 171 | Hindu Traditions of India                         | 4            |          |
| <input type="checkbox"/> REL 172 | Buddhist Traditions: Contemporary Masters         | 4            |          |
| <input type="checkbox"/> REL 230 | History of African American Religious Experiences | 4            |          |
| <input type="checkbox"/> REL 299 | Religion & Culture of Hip Hop                     | 4            |          |
| <input type="checkbox"/> REL 345 | Eco-Spirituality: Global Traditions               | 4            |          |

Co-curricular activity

You will also complete one of the following co-curricular activities:

- Mindfulness retreat (either three, five **OR** ten days)
- Student-faculty research in neuroscience
- Tibetan Studies off-campus program
- El Camino May Term
- Presentation of research at the International Conference on Contemplative Studies

Culminating experience

You will complete one of the following:

- Paper presentation
- Artistic project
- Creative writing project

This student is hereby approved to pursue a major \_\_\_\_\_ / minor \_\_\_\_\_ in accordance to the above plans (please enter your full name below).

Academic advisor \_\_\_\_\_ Date \_\_\_\_\_

Department/Program Convener \_\_\_\_\_ Date \_\_\_\_\_

This completed form must be emailed to [registrar@earlham.edu](mailto:registrar@earlham.edu) for processing. Your adviser and the

Department/Program Convener must be copied on the email.

Registrar \_\_\_\_\_ Date \_\_\_\_\_